PALMETTO
COUNSELING & CONSULTING

Therapy for All Ages & Groups

Child Therapy
Teen Therapy
Marriage Counseling
Couples Therapy
Individual Counseling
Family Therapy
Seniors Counseling

We Also Offer:

- In-Office Appointments
- Virtual Appointments
- Accept most major insurance plans

Rock Hill Location

1721 Ebenezer Rd.
Suite #225
Rock Hill, SC 29732
Phone: (803) 329-9639

Fort Mill Location

100 Stone Village Dr.
Suite #206
Rock Hill, SC 29708
Phone: (803) 547-7120

For questions, email
info@pccrh.com

Summary of Services

Palmetto Counseling & Consulting Services LLC of Rock Hill, SC, and Fort Mill, SC, is an outpatient behavioral healthcare practice that provides individual, family, and couples counseling to children, teens, adults, and seniors. We accept most major insurance plans, including Medicare and Tricare.

Specializations

Our skilled team of clinicians offer a range of specialties to treat a variety of mental and behavioral conditions, including:

- Accidents/Illness
- ADHD
- Adjustment Issues
- Adolescent Problems
- Alcohol, Addiction, Substance Abuse
- Anger Problems
- Anxiety
- Autism Spectrum Disorders
- Bipolar Disorder
- Blended Family Issues
- Borderline Personality Disorder
- Career Difficulties
- Child Problems
- Chronic Pain
- Christian-Based
- Depression
- Developmental & Intellectual Disabilities
- Divorce / Separation
- Eating Disorders
- Faith-Based Issues
- LGBTQ+ Issues
- Life Transition Issues
- Military-Related Issues
- Neurodivergence
- Non-Substance and/or Activity Addiction
- Obsessive Compulsive Disorder
- Oppositional-Defiant Disorder
- Panic Attacks
- Parent-Child Relational Problems
- Psychotic Disorders
- Schizophrenia
- Stress Management
- Teen Problems
- Trauma
- Victims of Violence / Abuse

Treatment Modalities

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Existential Therapy
- EMDR Therapy
- Integrative
- Mindfulness
- Motivational Interviewing (MI)
- Narrative Therapy
- Person-Centered Therapy
- Play Therapy
- Solution-Focused Brief Therapy (SFBT)
- Strength-Based Therapy