

## Therapy for All Ages & Groups

Child Therapy  
Teen Therapy  
Marriage Counseling  
Couples Therapy  
Individual Counseling  
Family Therapy  
Seniors Counseling

### We Also Offer:

- In-Office  
Appointments
- Virtual Appointments
- Accept most major  
insurance plans

### Rock Hill Location

1721 Ebenezer Rd.  
Suite #225  
Rock Hill, SC 29732  
**Phone:** (803) 329-9639

### Fort Mill Location

100 Stone Village Dr.  
Suite #206  
Rock Hill, SC 29708  
**Phone:** (803) 547-7120

For questions, email  
[info@pccrh.com](mailto:info@pccrh.com)



## Summary of Services

Palmetto Counseling & Consulting Services LLC of Rock Hill, SC, and Fort Mill, SC, is an outpatient behavioral healthcare practice that provides individual, family, and couples counseling to children, teens, adults, and seniors. We accept most major insurance plans, including Medicare and Tricare.

## Specializations

Our skilled team of clinicians offer a range of specialties to treat a variety of mental and behavioral conditions, including:

- Accidents/Illness
- ADHD
- Adjustment Issues
- Adolescent Problems
- Alcohol, Addiction, Substance Abuse
- Anger Problems
- Anxiety
- Autism Spectrum Disorders
- Bipolar Disorder
- Blended Family Issues
- Borderline Personality Disorder
- Career Difficulties
- Child Problems
- Chronic Pain
- Christian-Based
- Depression
- Developmental & Intellectual Disabilities
- Divorce / Separation
- Eating Disorders
- Faith-Based Issues
- LGBTQ+ Issues
- Life Transition Issues
- Military-Related Issues
- Neurodivergence
- Non-Substance and/or Activity Addiction
- Obsessive Compulsive Disorder
- Oppositional-Defiant Disorder
- Panic Attacks
- Parent-Child Relational Problems
- Psychotic Disorders
- Schizophrenia
- Stress Management
- Teen Problems
- Trauma
- Victims of Violence / Abuse

## Treatment Modalities

- Client-Centered Therapy
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Existential Therapy
- Integrative
- Mindfulness
- Motivational Interviewing (MI)
- Narrative Therapy
- Person-Centered Therapy
- Play Therapy
- Solution-Focused Brief Therapy (SFBT)
- Strength-Based Therapy